



<b>TIME</b>		<b>MONDAY, MARCH 6, 2023</b>	
<b>17:00-19:00</b>		<b>Onsite Registration</b>	<i>(French Corridor)</i>

<b>TIME</b>		<b>TUESDAY, MARCH 7, 2023</b>	
<b>07:00</b>		<b>Onsite Registration</b>	<i>(French Corridor)</i>
<b>07:00-18:30</b>		<b>Tabletop Displays</b>	<i>(French Corridor)</i>
<b>07:00-08:30</b>		<b>Breakfast</b>	<i>(French Corridor)</i>
<b>08:30-16:45</b>		<b>Plenary Sessions</b>	<i>(Ballroom)</i>
		<b>Program Facilitator</b>	Norm Taylor
<b>08:30-09:00</b>		<b>Welcome and Opening Remarks</b>	<ul style="list-style-type: none"> <li>• Chief Danny Smyth, Winnipeg Police Service; President, Canadian Association of Chiefs of Police</li> <li>• Karla Thorpe, Vice President, External Affairs and Development, Mental Health Commission of Canada</li> </ul>
<b>09:00-10:15</b>		<b>CACP Standing Committee Perspectives: The Current State of Wellness in the Canadian Policing Sector</b>	<p><i>Common Theme: What We Know, What We're Seeing &amp; What We're Doing</i></p> <p><b>Presenters</b></p>

TIME	TUESDAY, MARCH 7, 2023
	<ul style="list-style-type: none"> <li>• Dr. Kyle Handley, York Regional Police Service; Chair, CACP Psychological Services Committee</li> <li>• Dr. Vivien Lee, Chief Psychologist and Commander, Healthy Workplace Team, Ontario Provincial Police; Member, CACP Psychological Services Committee</li> <li>• Deputy Chief Lucie Tremblay, Via Rail Canada Police; Co-Chair, CACP Human Resources &amp; Learning Committee</li> <li>• Director General Jennifer Richens, RCMP; Co-Chair, CACP Human Resources &amp; Learning Committee</li> <li>• Alicia Lauzon, Equity and Inclusion Specialist, York Regional Police Service; Member, CACP Equity, Diversity &amp; Inclusion Committee</li> </ul> <p>Summary Discussion: What More Needs to be Done?</p>
10:15-10:45	<b>Network Break</b> ( <i>French Corridor</i> )
10:45-11:45	<p><b>The Wellness Journey in the United Kingdom – Oscar Kilo</b></p> <p><i>Presenter</i></p> <ul style="list-style-type: none"> <li>• Andy Rhodes, Service Director, National Police Wellbeing Service</li> </ul>
11:45-12:00	<b>Open Mic Discussion – What Can Canada Learn from This?</b>
12:00-13:00	<b>Lunch</b> ( <i>French Corridor</i> )
13:00-13:45	<p><b>Managing the Wellness Impact on Police Capacity: Case Studies in Successful Return-to-Work Strategies</b></p> <p><i>Presenters</i></p> <ul style="list-style-type: none"> <li>• Chief Paul VandeGraaf, Cobourg Police Service</li> <li>• Dr. Katy Kamkar, Clinical Psychologist, Centre for Addiction and Mental Health (CAMH); Assistant Professor, Department of Psychiatry, Temerty Faculty of Medicine, University of Toronto</li> </ul>
13:45-14:30	<p><b>Using the National Standard for Psychological Health and Safety in the Workplace to Advance the Wellness Culture in Policing</b></p> <p><i>Presenters</i></p> <ul style="list-style-type: none"> <li>• Lauren Bernardi, Lawyer &amp; Human Resource Advisor, Bernardi Human Resource Law</li> <li>• Karla Thorpe, Vice President, External Affairs and Development, Mental Health Commission of Canada</li> </ul>

<b>TIME</b>		<b>TUESDAY, MARCH 7, 2023</b>	
<b>14:30-14:45</b>	<b>Network Break</b> ( <i>French Corridor</i> )		
<b>14:45-16:35</b>	<b>Showcase Sessions: Emerging and Promising Practices in Police Wellness</b>		
	<b>Presenters</b>		
<i>14:45</i>	<b><i>The Awe Project for Resilience</i></b>		<ul style="list-style-type: none"> <li>• Dr. Jeff Thompson, Columbia University</li> </ul>
<i>15:15</i>	<b><i>The Role of Sleep</i></b>		<ul style="list-style-type: none"> <li>• Philippe Stenstrom, Ph.D., Graduate., Centre for Advanced Research in Sleep Medicine; Post-Doc, Harvard Medical School's Centre for Sleep and Cognition</li> <li>• Julien Heon, MBA, Vice-President, HALEO Clinic</li> </ul>
<i>15:35</i>	<b><i>MHCC Innovative Cross-Over Case Studies from First Responders</i></b>		<ul style="list-style-type: none"> <li>• Dr. Julie MacMillan-Devlin</li> </ul>
<i>15:55</i>	<b><i>Hands-on Wellness Leadership: A Case Study</i></b>		<ul style="list-style-type: none"> <li>• Chief Shahin Mehdizadeh, Lethbridge Police Service</li> </ul>
<i>16:15</i>	<b><i>RCMP Periodic Psychological Health Screening Project</i></b>		<ul style="list-style-type: none"> <li>• Dr. Norman Shields, Clinical Psychologist, Government of Canada</li> </ul>
<b>16:35</b>	<b>Closing Remarks</b>		
<b>16:45-18:30</b>	<b>Networking Reception</b> ( <i>French Corridor</i> )		

<b>TIME</b>		<b>WEDNESDAY, MARCH 8, 2023</b>	
<b>07:00-14:15</b>	<b>Tabletop Displays</b> ( <i>French Corridor</i> )		
<b>07:00-08:30</b>	<b>Breakfast</b> ( <i>French Corridor</i> )		
<b>08:30-15:30</b>	<b>Plenary Sessions</b> ( <i>Ballroom</i> )		
<b>08:30-09:00</b>	<b>Opening Remarks</b>		
	<b>Recap Day One – Emerging Themes &amp; Action Areas</b>		
	<b>Program Facilitator</b>		

<b>TIME</b>		<b>WEDNESDAY, MARCH 8, 2023</b>	
		Norm Taylor	
<b>09:00-10:15</b>	<b>Deconstructing Impacts &amp; Responses to Tragic Experiences in Policing – Three Case Studies</b>  <b>Guest Moderator</b> Commander Grant Edwards (Ret), Australian Federal Police  <b>Presenters</b> <b>Multi-casualty Bank Robbery Trauma</b> <ul style="list-style-type: none"> <li>• Chief Dean Duthie, Saanich Police Department</li> </ul> <b>RCMP Burnaby Outreach Tragedy</b> <ul style="list-style-type: none"> <li>• Chief Superintendent Graham De La Gorgendiere, RCMP</li> </ul> <b>Mass Casualty Impacts on Police</b> <ul style="list-style-type: none"> <li>• Chief Dan Kinsella, Halifax Regional Police Service</li> </ul>		
<b>10:15-10:30</b>	<b>Open Mic Discussion – What Can We Learn from These Events?</b>		
<b>10:30-10:45</b>	<b>Network Break</b> ( <i>French Corridor</i> )		
<b>10:45-11:30</b>	<b>RCMP Longitudinal PTSD Study: Project Design &amp; Initial Results</b>  <b>Presenters</b> <ul style="list-style-type: none"> <li>• Dr. Nicholas Carleton, Scientific Director, CIPSRT</li> </ul>		
<b>11:30-12:15</b>	<b>Caring for Those who Protect Us - Exploring Best Practices and intervention for Police Psychological Support after a potentially Traumatic Event</b>  <b>Presenters</b> <ul style="list-style-type: none"> <li>• Andrée-Ann Deschênes, PhD, Professor, Université du Québec à Trois-Rivières</li> <li>• Annie Gendron, PhD, Researcher, École nationale de police du Québec</li> </ul>		
<b>12:15-13:00</b>	<b>Lunch</b> ( <i>Ballroom Foyer</i> )		
<b>13:00-14:00</b>	<b>Updating the Evidence to Support Police Wellness in an Environment of New Challenges</b> <ul style="list-style-type: none"> <li>• <i>Guest Moderator:</i> Lauren Jackson, Special Wellness Issue Sponsor, Journal of Community Safety &amp; Well-Being</li> </ul>		

<b>WEDNESDAY, MARCH 8, 2023</b>	
<b>TIME</b>	
	<ul style="list-style-type: none"> <li>• <i>Guest Editor:</i> Dr. Linna Tam-Seto, McMaster University</li> <li>• <i>Guest Editor:</i> Dr. Jeff Thompson, Columbia University</li> <li>• Dr. Katy Kamkar, Clinical Psychologist, Centre for Addiction and Mental Health (CAMH); Assistant Professor, Department of Psychiatry, Temerty Faculty of Medicine, University of Toronto; Member, CACP Research Advisory Committee</li> <li>• Highlighted Features from the JCSWB Special Wellness Issue</li> </ul>
<b>14:00-14:15</b>	<b>Network Break</b> ( <i>Ballroom Foyer</i> )
<b>14:15-15:25</b>	<p><b>Town Hall Session: Resetting the Baseline and Looking Forward to an Equitable Culture of Wellness in Canadian Policing</b></p> <p><b><i>Moderator</i></b> Norm Taylor</p> <p><b>Key Contributors on Specific Conference Themes - Identified Action Topics Include:</b></p> <ul style="list-style-type: none"> <li>Anti-Stigma Programming</li> <li>People Centred Leadership Training</li> <li>Sensitive Materials and Specialized Investigations Support</li> <li>Private Sector and MH Service Gaps</li> <li>MHCC Roots of Hope</li> </ul>
<b>15:25</b>	<b>Closing Remarks</b>